

**SECTION**  
**2.6**

# The Bible Is Powerful and Active



## Introduction Activity (5 Minutes)

### Option 1: Inside Pics

**What You'll Need:** Images of X-rays or sonograms, (optional: computer, digital projector)

**PREP:** Search online for images of X-rays or sonograms. Print out images. (Optional: Use a video projector to display the images.)

**STEP 1:** Display X-rays and sonogram images to kids. As time permits, have kids identify different bones or organs in the pictures.

Ask the following questions:

- What do X-rays and sonograms have in common?
- Why do doctors need X-rays or sonograms or CT scans?

**STEP 2:** Share these key concepts:

- God's Word is powerful and active. The Bible is alive because God is alive. God talks to us through His Word.
- Just like an X-ray or sonogram reveals what's inside our bodies, God speaks to us through the Bible and shows us each detail of our thoughts and our actions.
- God has given us His Word, the Bible, to guide us. His Word is powerful, practical, and active to help us with everything that comes our way.

**STEP3:** Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that the Bible is powerful and active.

### Notes:

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## Introduction Activity (5 Minutes)

### Option 2: Sharp and Powerful

**What You'll Need:** Plastic knife, sharp knife, cutting board, fruits or vegetables, paper towels (optional: computer and video projector)

**PREP:** Purchase fruits or vegetables with seeds inside (e.g., apples, tomatoes, avocados, peppers). Place the fruit, vegetables, knife, and cutting board on a table in front of the classroom. (Optional: Search online for a video of a chef cutting fruits or vegetables. Be prepared to show the video to the class.)

**STEP 1:** Cut a piece of fruit or vegetable with the plastic knife. Then cut a piece of fruit or vegetable with the sharp knife. Have kids examine the different parts of the fruit or vegetable (e.g., skin, flesh, core, seeds).

**STEP 2:** Ask the following questions:

- Why was the sharp knife better than the plastic knife?
- What does cutting the fruit or vegetable reveal about the inside of it?

**STEP 3:** Share these key concepts:

- God's Word is powerful and active. The Bible is alive because God is alive. God talks to us through His Word.
- Just like the knife cuts the fruit to reveal the inside, God speaks to us through the Bible and shows us each detail of our thoughts and our actions.
- God has given us His Word, the Bible, to guide us. His Word is powerful, practical, and active to help us with everything that comes our way.

**STEP 4:** Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that the Bible is powerful and active.

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**Main Lesson Activity (10 Minutes)**

**Option 1: God Knows**

**What You'll Need:** Bibles, easel, whiteboard or poster board and markers, paper, pens or pencils, tape, sticky notes (*Leader's Note: Larger clubs may divide into smaller groups to complete the activity.*)

**PREP:** On a sheet of paper, write each of the following words in large letters:

Angry

Frustrated

Happy

Peaceful

Sad

Scared

Worried

Tape the papers on one wall of the classroom. Set up an easel and whiteboard or poster board in the front of the room. Write on the board, "God knows . . . ."

Bookmark Bibles to Psalm 139:1-6, Psalm 139:7-12, and Psalm 139:13-18.

**STEP 1:** Give each child a sticky note and a pen or pencil. Instruct kids to write their names on their sticky notes. (NOTE: If kids wish to remain anonymous, they can write their initials or birthdate instead of their names.) Point out the words that are taped to the wall and have kids stick their names under the picture that closely resembles how they are feeling that day.

**STEP 2:** Call on a few volunteers to explain why they chose a particular word.

**STEP 3:** Divide kids into three groups, and assign a leader to each group. Give each group a marked

Bible, a sticky note, and a pen or pencil. Instruct the group to read through their verses and determine what God knows about them. Assign a person from each group to write their answer on a sticky note.

After three minutes, have each group stick their note on the board.

Share these key concepts:

- God knows everything about us. He knows what we are doing all the time. He knows every detail of our bodies.
- He knows if we are sad or worried. He knows if we are happy. He knows if we are frustrated or angry.
- He knows even the secret thoughts in our heads that no one else knows.
- Even though the Holy Spirit helped men write the Bible long ago, the Bible is still true and helpful for us today (2 Timothy 3:16).

**STEP 4:** Read or recite this week's memory verse, Hebrews 4:12. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- God's Word is alive and powerful because our almighty God talks to us through His Word.
- The Bible doesn't cut like a real sword does, but just like a sword can cut something open to show what's inside, God's Word is able to show us what's inside our hearts and minds.
- The Bible even reveals what we secretly want or want to do.
- The Bible will help us with every situation we face if we take time to read it. God's Word will comfort us when we struggle and give wisdom for the choices we face each day.

**STEP 5:** Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

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**Main Lesson Activity (10 Minutes)**

**Option 2: Situations and Bible Truths**

**What You'll Need:** Bibles, 3 x 5 cards, container, easel, whiteboard and markers (*Leader's Note: Larger clubs may divide into smaller groups to complete the activity.*)

**PREP:** Think of common situations your kids might face (e.g., a bully who teases them, a younger sibling that annoys them, an older sibling who picks on them, a difficult homework assignment, a difficult time obeying parents).

Write five scenarios on 3 x 5 cards, one scenario per card, and place them in a container.

Search for Bible verses that could help kids in these situations. (e.g., Ephesians 4:32, Philippians 2:3-4, Proverbs 17:14, Proverbs 19:11). Write the references on 3 x 5 cards.

**STEP 1:** Encourage kids to work in groups of two or three. Have a kid from each group draw a scenario from the container. Give each group a reference card. Give groups five minutes to prepare a skit based on the scenario. Encourage groups to think through the following questions:

- What emotions might a child feel in that scenario?
- What Bible verse or Bible truth would help the child respond the way God wants in that situation?

Ask leaders to walk among the groups, offering assistance as needed. After groups have their skit prepared, encourage them to read their assigned verse and mark it in the Bible.

**STEP 2:** Have each group present their skit. Then ask other groups to share their verse if it is applicable to the situation presented in the skit.

**STEP 3:** Share these concepts:

- Even though the Holy Spirit helped men write the Bible long ago, the Bible is still true and helpful for us today (2 Timothy 3:16).
- God knows everything about us. He knows what we are doing all the time. He knows every detail of our bodies.
- He knows if we are sad or worried. He knows if we are happy. He knows if we are frustrated or angry.
- He knows even the secret thoughts in our heads that no one else knows.
- The Bible can help us with any problem or situation we will face.

**STEP 4:** Read or recite this week's memory verse, Hebrews 4:12. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- God's Word is alive and powerful because our almighty God talks to us through His Word.
- The Bible doesn't cut like a real sword does, but just like a sword can cut something open to show what's inside, God's Word is able to show us what's inside our hearts and minds.

**STEP 5:** Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

**Notes:**