

# TREK 1: HIS STORY PARENT GUIDE

## Lesson 1.4: Boundaries: I am Limited

SCRIPTURE: GENESIS 2:8-17

### SUMMARY

Universal boundaries and human limitations are part of God's design in the universe. Human limitations remind people that they are created by an all-powerful God, and that their abilities cannot compare to His. From Genesis 2:8-17, we see how God specifically designed the garden of Eden, and how He had reasons for each aspect of that design. Similarly, He designed Adam — the first human — and gave him a purpose for living. Ever since the creation, every honest person must admit their limitations and capabilities. Christians can learn to trust in God and rely on His unlimited power in their lives.



#### KEY VERSES:

*Where were you when I laid the foundation of the earth? Tell Me, if you have understanding. And prescribed limits for it and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stayed"?  
(Job 38:4, 10-11)*

#### KEY THOUGHT:

In Lesson 1.4 we learned that God gave Adam and Eve boundaries. He gives you and me boundaries as well.

#### KEY WORD:

**Boundary:** something that indicates bounds or limits

### DISCUSSION QUESTIONS

- What is the one key thought that you learned tonight?
- Why is it a good thing that God makes the rules about the universe?
- How does knowing the rules of life help us live life better lives?
- What is one way you know that you are very small and limited compared to God?
- Why are God's boundaries good?
- What task did God give Adam in the garden of Eden, and why was it exciting?
- Why do you think God told Adam not to eat from the Tree of Knowledge of Good and Evil?
- What happens to us when we live our lives outside of God's boundaries?
- What should you do with the lesson you learned tonight? What should we do?