

**SECTION**  
**3.5** | **Jesus Christ**



**Introduction Activity (5 Minutes)**

**Option 1: A Little Help, Please!**

**What You'll Need:** Nothing

**STEP 1:** Ask for two or three volunteers. Have volunteers sit on the floor with their legs crossed. Instruct them to try to stand up without using their hands (for most kids this will be difficult). After a few moments, ask volunteers to help them stand.

**STEP 2:** After volunteers are seated, ask the following questions:

1. Why was it hard for the volunteers to try to stand without using their hands?
2. What are some other tasks we cannot do on our own and need help to finish?

**STEP 3:** Discuss the following key concepts:

- A. Because Adam and Eve sinned, everyone who has been born since then were born sinners, including all of us.
- B. Because we are all sinners, we need help. We cannot get right with God on our own.
- C. After Adam and Eve sinned, God set a plan into action to save everyone who asked to be saved.

**STEP 4:** Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of knowing who Jesus Christ is and believing that He is the only way we can be saved.

**Notes:**

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**Introduction Activity (5 Minutes)**

**Option 2: That's Impossible!**

**What You'll Need:** Nothing

**STEP 1:** Ask kids to try several of the following tasks:

- Lick your elbow.
- Twitch your nose.
- Wiggle your ears.
- Make your eyebrows go up and down one at a time.

(Listen for kids to comment "that's impossible" or "I can't do this!")

**STEP 2:** After kids have tried to complete the tasks, discuss the following questions:

1. What made these tasks so hard?
2. How did you feel trying to complete the tasks?

**STEP 3:** Tell kids about any frustrated comments they made while trying to complete the activities. Explain to kids that even though these were silly tasks that are impossible for many people, there is something far more serious that is impossible for all men to do.

Share these concepts:

- Because Adam and Eve sinned, everyone who has been born since then were born sinners, including all of us.
- Because we are all sinners, we need help. It is impossible to be right with God on our own.
- After Adam and Eve sinned, God set a plan into action to save everyone who asked to be saved.

**STEP 4:** Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of knowing who Jesus Christ is and believing that He is the only way we can be saved.

**Notes:**

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**3.5**

# Jesus Christ



**Main Lesson Activity (10 Minutes)**

**Option 1: Key Words about Jesus**

**What You'll Need:** Bibles, Key Words About Jesus Handouts

**PREP:** Print out handouts and cut out the locks and keys.

**STEP 1:** Share the following key concepts with your kids:

- God is holy, sinless, and just. He cannot be around sin (Habakkuk 1:13, 1 John 1:5).
- Because Adam and Eve sinned, everyone is a sinner and an enemy of God's (Romans 5:10-12). There is nothing we can do on our own to save us from our sin, and we can't ever be good enough to not sin (Ephesians 2:8-9). Because of our sin, we cannot have a relationship (friendship) with God (Isaiah 59:2).
- God still loves us, and even in the garden of Eden, He had a plan to save anyone who wanted to be saved (Genesis 3:15).
- God's plan of salvation was through one person, Jesus Christ.

**STEP 2:** Explain that the Bible tells us a lot about Jesus Christ. Ask for three volunteers to hold the locks, and give the keys to three other volunteers.

**STEP 3:** Tell the kids with keys they need to look up their verses and find the lock that matches.

Verses on the keys:

- John 3:16
- 2 Corinthians 5:21
- 1 Corinthians 15:4

Concepts on the locks:

- Jesus Christ is God's Son. He left heaven by His own choice and came to earth.
- Jesus took our sin when He died on the cross.

- Jesus didn't stay dead. After three days, He rose again.

**STEP 4:** After the kids have found their matches, check their work.

Share these concepts:

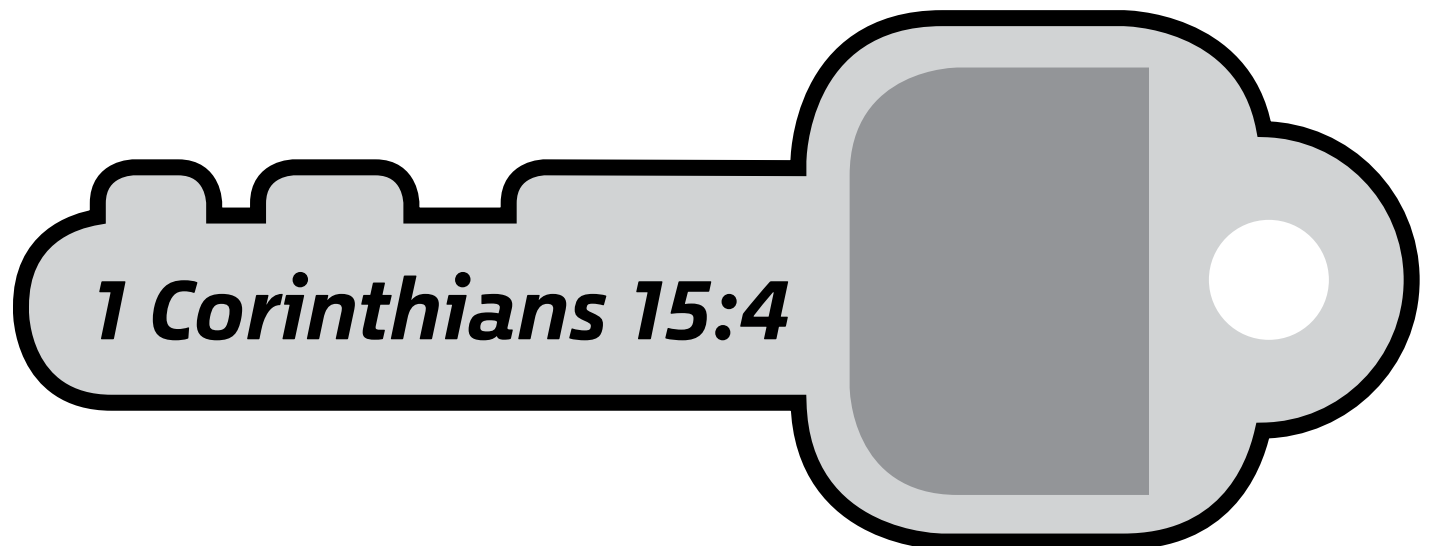
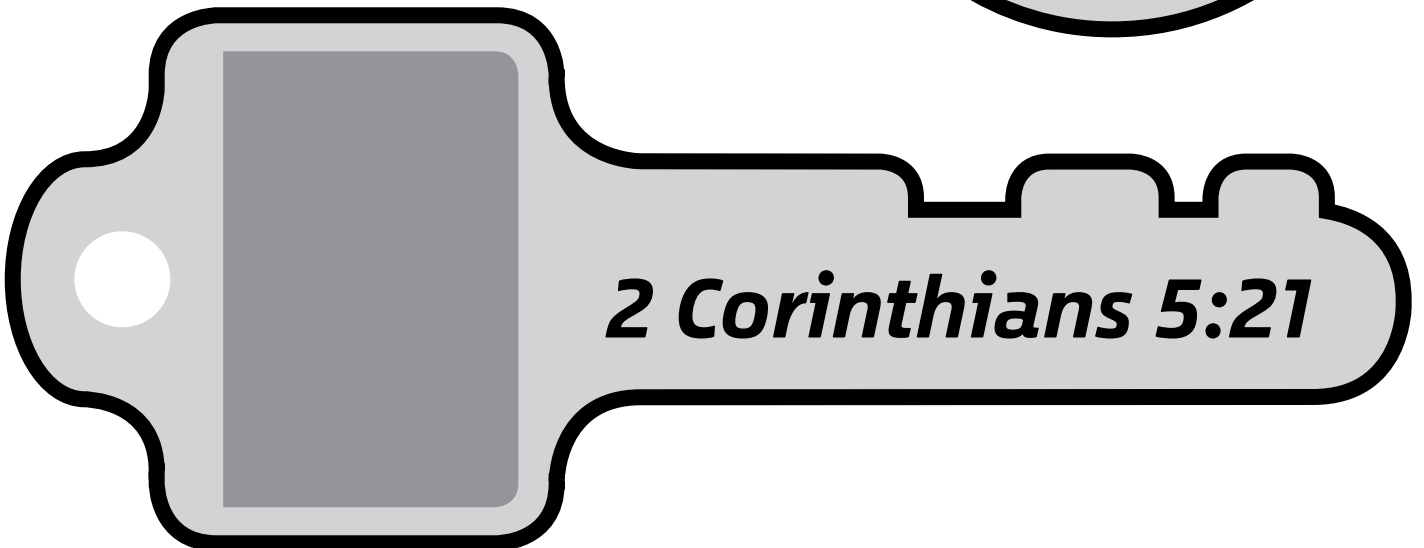
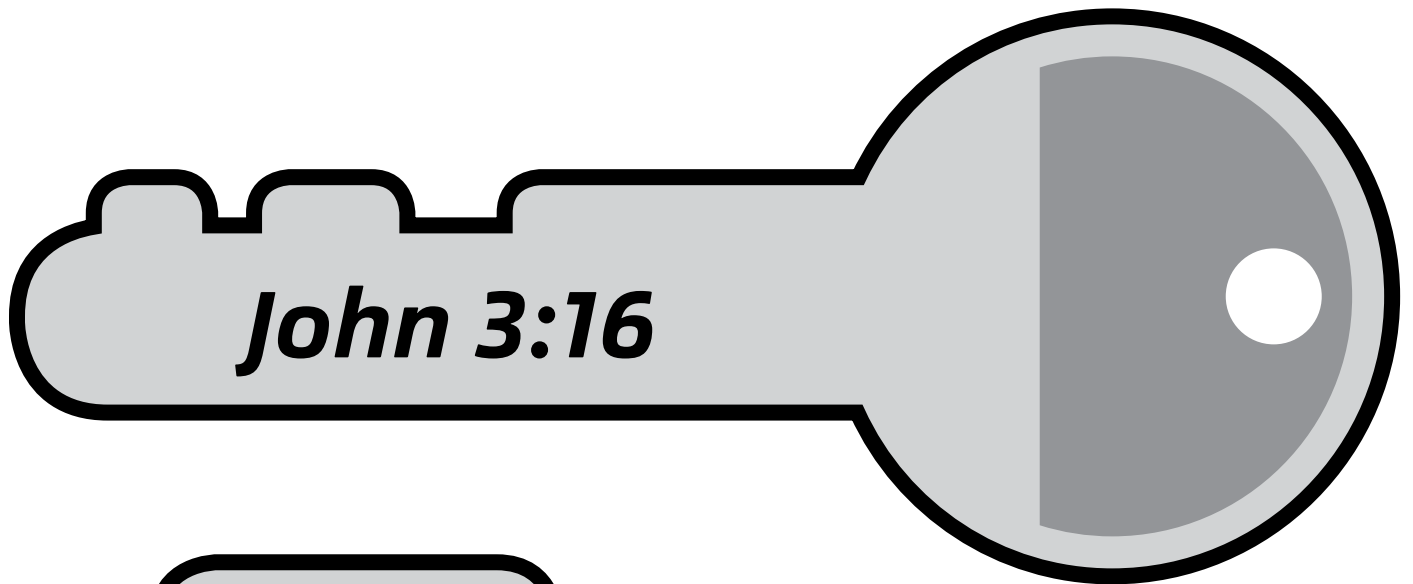
- When Jesus rose from the dead, He proved His victory over sin and death (1 Corinthians 15:55-57).
- We have the choice to accept Jesus as our Savior. If we choose to do so, we can be right with God and have eternal life with Him in heaven (John 3:16, Romans 10:9-10).
- If we reject Jesus as Savior, we face eternal punishment and separation from God (Revelation 20:12-15).

**STEP 5:** Follow up with the Lesson Application questions and Sum It Up statements from the Large Group Guide.

**Notes:**

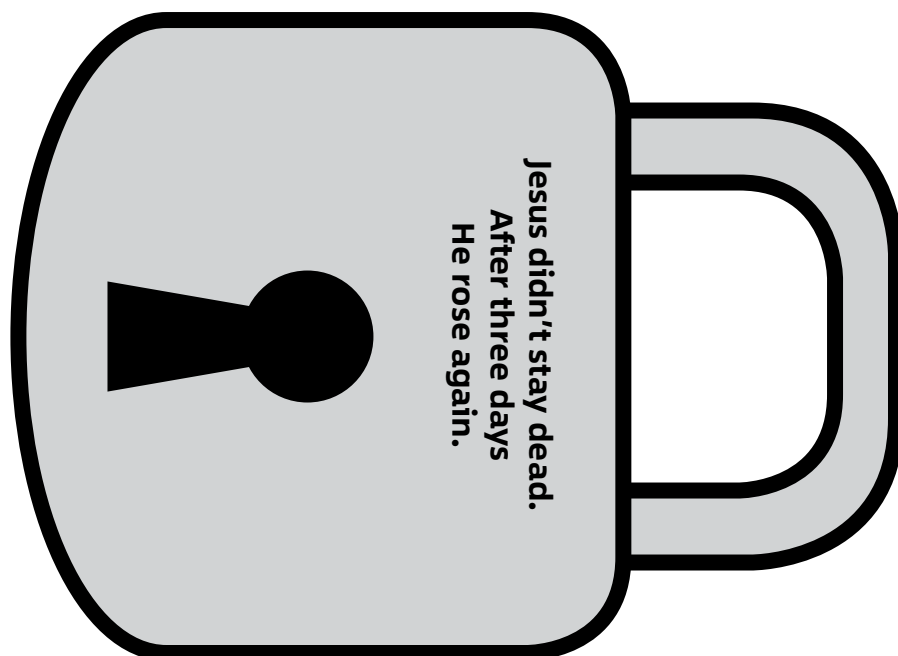
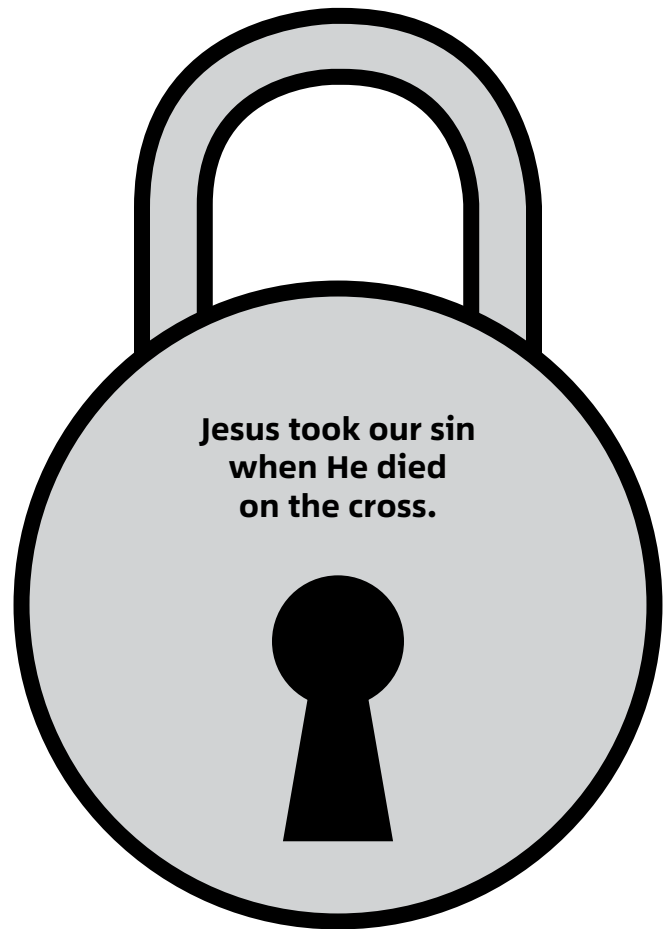
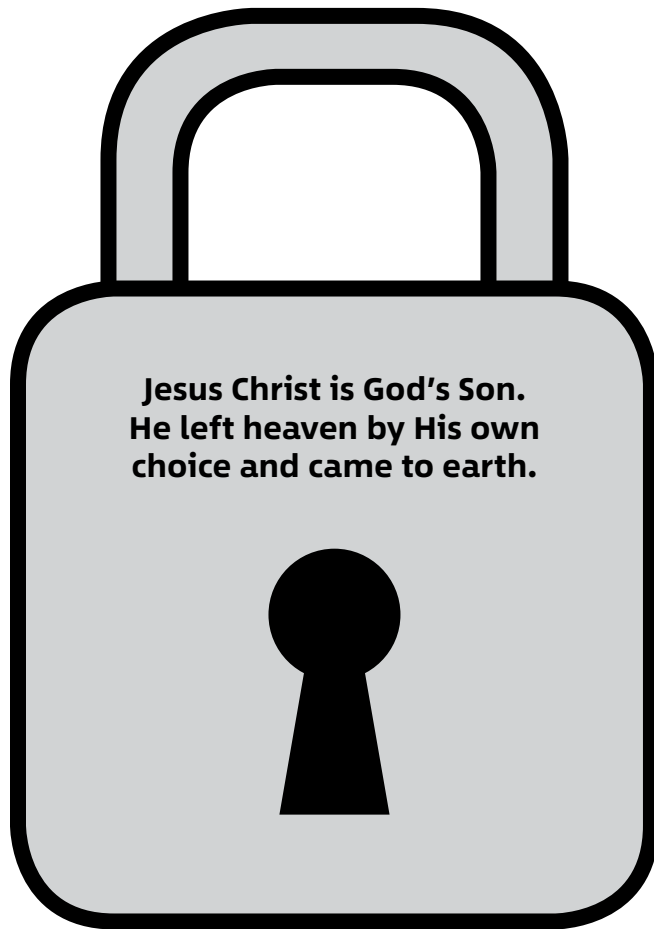


# Key Words About Jesus Handout





# Key Words About Jesus Handout



# SECTION 3.5 | Jesus Christ



## Main Lesson Activity (10 Minutes)

### Option 2: God, Man, Christ, Response

**What You'll Need:** Bible, paper, tape (three rolls)

**PREP:** Before class, write, GOD, MAN, CHRIST each on a separate piece of paper. Tape GOD on one wall of your space, and MAN on the opposite wall. Tape CHRIST on the floor in between. Put bookmarks in your Bible at: Habakkuk 1:13a, Romans 3:23, Romans 5:12, Romans 4:25, and Romans 10:9-10.

**STEP 1:** Explain that this week's lesson is about Jesus Christ. In order to understand Him, we need to understand four big themes from Scripture: God, man, Christ, and our response. Have your group stand near the sign that says, GOD.

**STEP 2:** Read Habakkuk 1:13a. Ask: "Based on this verse, what do we learn about God?"

After a couple ideas are shared, explain any remaining points:

- God created all things, but God created man in His image (Genesis 1:26). Because He created man, He has authority over man.
- God is holy, sinless, and just. He cannot be around sin (Habakkuk 1:13a, 1 John 1:5).
- Because Adam and Eve sinned, everyone is a sinner and an enemy of God's (Romans 5:10-12). There is nothing we can do on our own to save us from our sin, and we can't ever be good enough to not sin (Ephesians 2:8-9). Because of our sin, we cannot have a relationship (friendship) with God (Isaiah 59:2).

**STEP 3:** Have the group stand by the sign that says MAN. Read Romans 3:23 and Romans 5:12. Ask: "Based on these verses, what do we learn about man?"

After a couple ideas are shared, explain any remaining points:

- Adam and Eve had a perfect relationship with

God that was broken by their sin.

- Because Adam and Eve sinned, everyone is a sinner and an enemy of God's (Romans 5:10-12).
- There is nothing we can do on our own to save us from our sin, and we can't ever be good enough to not sin (Ephesians 2:8-9).
- Because of our sin, we cannot have a relationship (friendship) with God (Isaiah 59:2).

**STEP 4:** Have the group stand by the sign that says CHRIST. Read Romans 4:25. Ask: "Based on this verse, what do we learn about Jesus Christ?"

After a couple ideas are shared, explain any remaining points:

- That plan was fulfilled through one Man. Jesus Christ, God's perfect, sinless Son, willingly left heaven to come to earth (Philippians 2:5-8). He lived a perfect, sinless life, and then allowed Himself to be put to death to pay the punishment for sin (2 Corinthians 5:21).
- His death was the only acceptable substitute to pay the price for sin (Hebrews 10:14). God was satisfied with Christ's death, allowing all people the opportunity to be completely forgiven.
- Jesus did not stay dead. After three days, He arose from the grave, revealing that He had the power and victory over Satan, sin, and death (1 Corinthians 15:55-57).

**STEP 5:** Have the group sit down, and read Romans 10:9-10. Ask: "Based on this verse, what do we learn about our response?"

After a couple ideas are shared, explain any remaining points:

- Christ's death on the cross completely paid the price for sin, and forgiveness is offered as a free gift to anyone who chooses to accept it (Romans 6:23).
- We have the choice to accept Jesus as our Savior. If we choose to do so, we can be right with God and have eternal life with Him in heaven (John 3:16, Romans 10:9-10).

- If we reject Jesus Christ's free gift of salvation, we will face an eternity in hell, separated from God forever (Revelation 20:15).

**STEP 6:** Follow up with the Lesson Application questions and Sum It Up statements from the Large Group Guide.

**(NOTE:** As the Holy Spirit leads, give kids an opportunity to respond to the lesson and to trust Jesus as their Savior.)

**Notes:**