

SECTION
1.1

God Is Truth



Introduction Activity (5 Minutes)

Option 1: That's the Truth!

What You'll Need: Nothing

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

STEP 1: Ask the kids to turn to someone next to them and share one personal statement that is true. (E.g., "I have brown hair." "I am wearing a blue shirt.")

After allowing a minute or two for kids to talk, ask for a volunteer to answer: "Will some of these statements ever change? If so, how?" (E.g., hair coloring could change, a person could change the color of clothing they are wearing.)

Share these key concepts:

- The statements that everyone shared help us know a little more about each individual. God gives us statements that help us know more about Him. One statement that God tells us is that He is truth.
- Some true statements about us or the world we live in may change, and sometimes it's hard to know if something is really "always and forever" true. But since God is truth, everything He says is true.

STEP 2: Transition to the main lesson by saying, "Today we're going to learn that God is truth and what that means for you and me." Open in prayer, asking the Holy Spirit to guide you and the kids into God's truth through the lesson activities.

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Introduction Activity (5 Minutes)

Option 2: True Statement!

What You'll Need: Paper, pens or pencils

STEP 1: Have kids work in groups of two or three. Give groups one minute to write on their papers a statement that is true, such as "the sun is hot."

STEP 2: Have each group share their true statement.

Ask the following questions after each statement is read:

- How do you know that statement is true?
- Could there ever be a time when that statement would not be true?

STEP 3: Transition to the main lesson by saying, "Today we are going to learn that God is truth, and everything He says is true." Open in prayer, asking the Holy Spirit to guide you and the kids into God's truth through the lesson activities.

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Main Lesson Activity (10 Minutes)

Option 1: True or False

What You'll Need: Bible

PREP: Before class, bookmark the following verses in your Bible for easy access: Romans 3:23, John 1:14.

STEP 1: Have kids stand in front of their chairs. As you read each of the following statements, have them remain standing if they believe the statement to be true. Have them sit in their chairs if they believe the statement to be false.

- Giraffes have purple tongues.
- Insects have eight legs.
- All people have sinned.
- A tomato is a vegetable.
- Jesus, God's Son, is truth.

STEP 2: Go back and read each statement again, explaining whether the statements are true or false. Use the following verse summaries as a guide.

- Giraffes have purple tongues. (True. Look at one next time you are at the zoo!)
- Insects have eight legs. (False. Insects have six legs!)
- All people have sinned. (True. Romans 3:23 says that all people have sinned!)
- A tomato is a vegetable. (False. It is a fruit!)
- Jesus, God's Son, is truth. (True. John 1:14 says that Jesus is full of grace and truth!)

STEP 3: Explain that when we examine what people believe to be true by what the Bible says, we can recognize the truth from lies. We can know that truth will always go along with God's Word, because God is truth (Jeremiah 10:10).

Step 4: Share the concepts from the Main Lesson Teaching Outline in the Large Group Guide, and follow up with the Lesson Application questions and Sum It Up statements.

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Main Lesson Activity (10 Minutes)

Option 2: The Truth of the Law

What You'll Need: Truth of the Law Handout cut apart on the lines, Bible (optional: funny costumes)

(Leader's Note: You can use sheets of blank paper instead if you are not able to print the handout.)

STEP 1: Tell the kids that God's Ten Commandments come from Exodus 20:1-17, and if you have time, read this passage together.

STEP 2: Have kids work in small groups to complete the activity. Hand each group one of the paper slips with a commandment and give groups three minutes to come up with a way to wordlessly act it out (create a charade). The other kids guess which commandment they have. (Optional: Let them pick funny costumes to wear for their skit.)

Listed below are the commandments on the handout from Exodus 20:1-17:

- Do not lie.
- Do not steal.
- Honor the Sabbath day.
- Honor your mother and father.
- Do not have any graven images.
- Remember the Sabbath.

STEP 3: After three minutes, have the groups take turns acting out and guessing the commandments. Have the group that is acting keep their handout page turned over until the correct answer is guessed by the other kids. For added competition, you can use a watch to time how long it takes.

STEP 4: Congratulate all the groups on their hard work. Explain that knowing the laws that God gave to us will help us know the truth of how we are to live our lives. When we choose to follow the way of truth, we are choosing to obey God.

STEP 5: Share the concepts from the Main Lesson Teaching Outline in the Large Group Guide, and follow up with the Lesson Application questions and Sum It Up statements.

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Truth of the Law Handout

Do not lie.

Do not steal.

***Honor the
Sabbath day.***

***Honor your
mother and father.***

***Do not have any
graven images.***

***Remember the
Sabbath day.***